

# Our Lady of Assumption

## Blood Drive

**Tuesday, May 23rd**

**2:30pm-8:30pm**

**1 Molloy Street, Copiague**

*OUR GOAL IS 44 PINTS OF BLOOD*

*The best way to recruit for a successful blood drive is to personally ask as many people as possible to help save a life by donating blood.*

For medical eligibility please call 1-800-688-0900.

Donor Name choice	Phone #	1st choice	2nd
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***DID YOU KNOW...***

- One pint of blood can **save up to 3 lives** because blood can be divided into different components.
- You must be between the ages of 16 and 75 to donate blood (16 year olds need parental permission. Age 76 and over need doctor's note).
- You must weigh at least 110 lbs. to donate.
- It is perfectly safe to donate blood every 56 days.
- You will need your blood donor card or identification with a photo or signature.
- Eat well and drink plenty of fluids before donating.
- If you cannot make your appointment time, please come when you can. We need every donor! Is there someone else you would like to bring along to donate?

**Thank You For Caring!**

Please return this sign up sheet to Decon Phil Mills (631)842-5411

